



Many thanks for participating in the Diabetes Jersey Diminishing Big Breakfast

What we would like you to do now.

- You will have been given this form by the host of your breakfast;
- At the bottom of this form he/she will have noted how many people you should invite to your breakfast;
- When you have invited your guests, please telephone the Pomme D'Or Hotel on 880110 and book your breakfast stating that it is for the **Diabetes Jersey Diminishing Big Breakfast**. All breakfasts **MUST** be held at the Pomme D'Or Hotel, St Helier, our partners in this fundraiser;
- Print out copies of this form from the Diabetes Jersey website **www.diabetesjersey.com/news** and give a copy to each of your guests filling in the number of guests they should invite to their breakfasts which should be one less than the number of guests you invited to yours. For example, if you invited **four** guests then your guests should invite **three** guests and so on until the last host invites just one guest;
- Hosts and guests each pay **£20** for their breakfasts at the restaurant cash register stating it is for the **Diabetes Jersey Diminishing Big Breakfast**. The Pomme D'Or will donate **£7.50** for each breakfast to the charity;
- Please try and hold your own breakfast within a fortnight of attending a breakfast as a guest. This will help us keep to our timetable to finish before May 2019;
- Please **DO** hold your breakfast since not to do so will have an impact on the numbers attending further down the line and so greatly reduce the amount the charity is able to raise from this initiative. It is expected that by May nearly 2,000 people will have taken part; and
- If you have any problems or really cannot host your breakfast, then please email mary.youngdj@gmail.com with your name, email address/phone number and the number of guests you were due to invite. We will then know that a line of the DBB may not be completed. Good Luck.

*Please invite guests to your breakfast and
thanks so much from everyone in Jersey with
diabetes*